



# Mental Health and Addiction **TRANSFORMATION ALERT**

**Cross-Systems  
Initiatives**

Relationship  
Management

Consumer/Family  
Involvement

Results Management/Knowledge  
Dissemination and Use

Delivery and  
Financing

## SECLUSION AND RESTRAINT-FREE STATE INCENTIVE GRANT AWARDED

The Division of Mental Health and Addiction (DMHA) has been awarded a State Incentive Grant (SIG) to build capacity for alternatives to restraint and seclusion at two state operated facilities. The grant will be specific to youth ages 5-18 who are patients in either Evansville Psychiatric Children's Center, in Evansville, Indiana or Richmond State Hospital, in Richmond, Indiana.

"We are elated to receive this grant from the Substance Abuse and Mental Health Services Administration (SAMHSA), Center for Mental Health Services (CMS)," said Cathy Boggs, Director of DMHA. "With this grant, over the next three years, we will reduce the number of incidents of seclusion and restraint with youth at State facilities."

At both Richmond and Evansville, staff will utilize the SIG to provide seclusion and restraint-free treatment using seven major activities:

1. Establish a Performance Improvement team to review policies, procedures and oversee grant implementation.
2. Train Evansville staff in the "Roadmap" curriculum.
3. Participate in Technical Assistance on Trauma Informed Care.
4. Contract with the Girls and Boys Town National Resource and Training Center to evaluate the needs of both sites and develop a plan for incident reductions.
5. Participate in Cultural Competency Training.
6. Improve utilization of videoconferencing capabilities available at both facilities.
7. Implement physical modifications to further develop "comfort rooms" or "stress free zones".

The new grant awards DMHA \$599,000 over three years. Implementation will start immediately and run until September of 2010.